



The Community Garden Club of Cohasset Massachusetts

April 2009

www.communitygardenclubofcohasset.org

Diane Benson, Newsletter Editor

dnbenson @ comcast.net

Message from the President

It is so lovely to see our gardens slowly coming awake after a long winter nap especially this Spring as we celebrate the 50th Anniversary of our club. Your board has been very busy planning the activities for the next several weeks and we hope that you all will be participating.

The April President's Tea will be especially fun this year with Bill Graham's highly entertaining program, "The Little Black Dress". In addition to floral arrangements, Bill adds a dash of fashion with accessories.

Please Note that the program includes lunch and starts at 11:30 am at St. Stephen's.

- May 3 we will be having a program with the Historical Society honoring our past presidents and long time members.
- May 14 – 15 is our Standard Flower Show with a Tea the afternoon of the 14th. Get your horticultural and design entries ready. See Rules and Schedule enclosed.
- May 26 is the Annual Meeting at the River Club.
- May 30 is the Plant Sale on the grounds of the Historical Society.

Don't hesitate to contact any of the Board if you have questions or suggestions. Lee

Lee Jenkins
2009 Club President



Mission Statement

The object shall be to promote interest in gardens, their design and horticultural perfection; to promote interest in conservation of our natural resources; and to conduct formal programs for the advancement of these and related items.

Executive Board 2009

President	Leonora Jenkins
1st Vice President	Willoughby Hood
2nd Vice President	Mary Hickey
Recording Secretary	Dolores Roy
Corresponding Secy	Jane Corriveau
Treasurer	Maureen Adams
Directors:	Mary Eisenhaure
	Marcia Diekmann
	Fran O'Toole
	Annette Sechen

SAVE THE DATE



On Sunday afternoon, May 3 from 2 - 4 PM, the Community Garden Club and the Cohasset Historical Society will celebrate "50 Years of Women". As part of our club's 50th Anniversary, we will explore together the changes we've seen in the lives of women since the inception of our Garden Club. This event will take place at the Historical Society and be open to both Garden Club Members and Historical Society Members. Mark your calendar and plan to join the celebration!

In Memoriam

Our third Club President, Celeste Churchill, died February 23 which was one day short of her 89th birthday. Celeste had been living in Florida for the last several years. This summer a celebration of her life will be held in Cohasset.

Community Garden Club

www.communitygardenclubofcohasset.org

Garden Club Federation of Massachusetts

www.gcfm.org

April

- 7 **Executive Board** @ home of Mary Eisenhaure, 9:30a followed by New Members Tea.
- 7 **Garden Therapy** "Tulip Time" @ Golden Living Center 2-3 pm
- 13 **Junior Gardeners** "Designing for Show" @ Deer Hill School 2:30-3:30 pm
- 14 **Horticulture** "Basic Landscape Design" Barbara Dillon & Annette Sechen share info on principles of designing your garden. @ Lightkeepers 9:30-11:30a
- 21 **Exhibitor's Meeting** Informational discussion and rules review for May 14 Flower Show with Nancy Gilmore, Vivien Bobo & Annette Sechen @ Lightkeepers 9:30-11:30 am
- 28 **Monthly Meeting** "The Little Black Dress" @ St. Stephens Church, 16 Highland Ave, Cohasset. 11:30am

May

- 5 **Executive Board Meeting** @ Lightkeepers 9:30 am
- 11 **Junior Gardeners** "Flower Show Finishing Touch" @ Deer Hill School 2:30-3:30
- 12 **Horticulture** "Water Gardens" @ Kennedy's, Rte 3A Scituate 9:30-11:30 am
- 13 **Garden Therapy** "Spring Blossoms" @ Golden Living Center 2-3 pm
- 14-15 **Standard Flower Show "Golden Retrospective"** @ Glastonbury Abbey; Thursday 1-4pm; Friday 10-4pm
- 26 **ANNUAL LUNCHEON** @ The River Club, 78 Border Street, Scituate. Meeting @ 11am, Luncheon @ 11:30 am
- 30 **Plant Sale** @ Cohasset Historical Society 9am to 1pm

Arrangements from the February Design Workshop presented by Pat Cammett

April

- 2-4 Garden Study School, Tower Hill
- 6 Arts & Crafts Workshop, Espousal Center 10 am
- 6 Design Workshop II, Espousal Center 10 am
- 13 Horticultural Morning, Espousal Center 10 am
- 22 Designing Principles, Espousal Center 10 am
- 24 ARBOR DAY

May

- 5 Design Workshop III, Espousal Center 10 am
- 7 South Shore District Lunch 10am @ BrookMeadow CC, Canton. Louise Hannington 781-828-2828
- 9 Norwood Evening GC Plant Sale 9am-1pm. Contact Lucille Rzuicidlo @ 781-326-5384.

13-18 NATIONAL CONVENTION, Houston TX

June

- 3-4 **Annual Meeting** @ Regency Hotel, Westford, MA
- 26-28 Newport Flower Show, Rosecliff Mansion, RI

Please refer to your copy of **The Mayflower** or to the GCFM website for listings of other activities and events





Horticulture Workshop — April 14

Barbara Dillon and Annette Sechen will lead the Horticulture Workshop this month with a program on "The Basics of Landscape Design". Barbara and Annette are both members of the Landscape Design Council and have taken courses with the Federation.

We will learn the basic considerations when planning our gardens or garden beds. The program will be at the Lightkeepers, on Tuesday, April 14th, from 9:30 to 11:30 a.m.

Judy Dickstein 781-383-7058; Marie Sullivan 781-545-0655

Flower Show Exhibitor's Meeting

April 21 9:30-11:30am @ Lightkeepers

In place of our Design Workshop, Nancy Gilmore, Annette Sechen and Vivien Bobo will answer questions, give information and discuss the rules for our May 14th Standard Flower Show, "A Golden Retrospective". We will review all Design Classes, Special Exhibits and Horticulture.

It is important for exhibitors to attend. This is where you can have any questions answered and learn how to win a blue ribbon while having fun.

Call Lee Drew 383-0361

CONSERVATION: by Barbara Canney

Along with several club members, I attended the Boston Landmarks Standard Flower Show on Friday, March 13. It was a delightful alternative since the Boston Spring Flower show had to be cancelled this year. It was that first taste of Spring we all crave about now! The Show was set up within major downtown building lobbies. I was stationed as a hostess at One International Place, overlooking the new Greenway Park created after the completion of the Big Dig. I found myself enthralled by the creativity, the sniff here and there of wonderful fragrances, and the opportunity I had to chat with some of the entrants, which could not have happened in previous years at the traditional Boston Flower Show. Presented by the Garden Club Federation of Mass. and Mass. Horticultural Society, the Show's theme was **"Celebrating Boston's Newest Landmark.... Greenway Gardens"**. Entrants were required be members or affiliates of the National Garden Clubs, Inc. and needed to follow very stringent rules. All the exhibitors had to bring their fresh plant materials to the show area and had to finish their exhibit on site. Each Design Division was broken down into Class titles such as "Rose Kennedy Greenway". This particular entry had to be on a marble column pedestal 36" high with a top 14" diameter. Another class, "Emerald Necklace", required the entry to be a pendant created out of plant material, staged on a board provided by Committee. From fantasy Money Clips under the "Financial District" Class 103 to an arrangement consisting of 500 fresh flowers, the Flower Show, "did go on" as we hoped it would!





Hyssop (*Hyssopus officinalis*) Submitted by Judy Dickstein



Hyssop dates back to the seventh century where it was referred to as a cleansing herb. With its camphor-like odor, it was spread about on the floors of sick rooms and kitchens to improve the smell. It was used as an expectorant, diaphoretic and a stimulant. Usually taken as a tea, it was thought to be useful in asthma and bronchitis. A poultice of fresh ground leaves was used to treat wounds and bruises and promote healing. In the kitchen, Hyssop's leaves and flowers have been used to flavor salads, soups, fruit soups and fruit salads. A member of the mint family, Hyssop retains some of the family flavor and can also be used in a lamb stew or poultry stuffing. The volatile oil is used to flavor liquors such as Benedictine and Chartreuse. Occasionally, the oil is used in perfume and in pot-pourri. Hyssop is a bushy, evergreen perennial; growing one to two feet high in light well drained soil, with full sun to part shade. It is a sweet little plant, with blue, white or red flowers, depending on the variety, from June to September. Hardy to zone 4, Hyssop can be grown from seeds, cuttings, or division. Although not employed often in medicine or the kitchen, Hyssop is a nice little plant to invite into the garden as it makes a very nice edging for the border and attracts both bees and butterflies.

News From Nagoya submitted by Takako Kohri

Our February general meeting was a speech by Mr. *Yoshiaki Sumi*, Director of City Planning for the City of Nagoya on "City Planning of Nagoya and Symbiosis with Nature." Nagoya has a 400 year history with the construction of Nagoya Castle by order of Shogunate *Ieyasu Tokugawa* for his son in 1610 and it has continued developing as a thriving castle town until the World War II. During the war, it was a manufacturing center for aircrafts and therefore was air-raided more than 40 times by B29's flown across the South Pacific. A quarter of the entire city was destroyed.



Only 45 days after the war ended, the City Assembly approved an extensive reconstruction plan. It was a chance of "Bad luck often brings good luck," because the plan included leading-edge criteria, such as ample city streets, subway systems, parks, and of course, indispensable greenery. One of the central features of the plan was the construction of two 100 (305ft) meter-wide roads and nine 50 meter-wide roads which would serve as the main routes for auto transportation in a city of two million people.



Historically Nagoya area has been a center of various craft works which is eventually developed into the core industrial area of Japan with automobiles, aerospace, petrochemicals, robotics, machineries, textiles as well as agricultural products. As a growing city Nagoya has kept remarkable modernization of entire city life, but at the same time gradually it derived side effects of reduced green areas and of increasing pollution problems. Unfortunately those days few paid attention onto environmental issues yet. In September 1959, "The Ise Bay Typhoon" struck the southern part of the city and flooded the entire area. The west bank of the *Shonai River* was collapsed by high tides; 1851 residents were killed, 118 thousand buildings were destroyed, and over 530 thousand people lost homes by the catastrophe. The city implemented a comprehensive relief effort with great help from both domestic and overseas. The city's restoration programs against these disasters intended to provide much safer, comfortable and convenient surroundings. Right after WW II a residential area located east called *Yagoto* has been successful in applying strict municipal building codes set by the insisting request of local residents. Today they are

enjoying quiet and serene civilian life with a lot of trees as if the area lies in a deep woodland. The City of Nagoya now aims to increase the urban parklands from 9.2 sqm per capita (April 2005) to 10 sqm by the year 2010, in order to create a pleasant city landscape that incorporates with nature. The project includes regeneration of *Higashiyama Zoo* and Botanical Gardens along with constructing *Nagoya Higashiyama Forest* now under way in the eastern hill region of the city. In southwest where little existing wood grove remains, the *Todayawa Forest Park* is being developed as a unique public-private joint project by partnership with citizens, corporations and government for planting and cultivating of trees to create tree zones for future generations. Another action is being taken to preserve 120 hectares of the *Fujimae Tidal Flats* (designated wetland under Ramsar Convention,) a large transit site for migrating birds as previously explained by our activity report of February 10, 2005. Volunteers' help motivated by environmental awareness is extensively witnessed in various project as exemplated that canals and surrounding rivers are cleaned and, as a result, freshwater fish returned.

To help promote ecology, Nagoya has been developing human resources through establishment of networks among people. Now the entire city is called "Nagoya Eco-Campus," which was opened at the time of Expo 2005 held by local authorities. This project was initiated by citizens, companies, universities and government offering courses to the public, from adults to children involving the entire city.

In 2010, Nagoya will host Tenth Meeting of the Conference of the Parties (COP10) to the Convention on Biological Diversity (CBD) hoping that hosting COP10 will motivate the impetus for individual citizens to change their lifestyle in consideration for biodiversity and in this way to contribute as a city for this world wide theme of our generation.

The **Community Garden Club of Cohasset** Massachusetts

Annual Meeting

May 26 — 11:00 a.m.

The River Club—78 Border Street—Scituate—545-1330

Nancy Engel of “The Sunny Window” will present a program on Roses. Nancy was Massachusetts' first recipient of the SBA Award "WELFARE TO WORK ENTREPRENEUR OF THE YEAR-1998". She has been featured in the BOSTON GLOBE, FAMILY CIRCLE MAGAZINE, BOSTON BUSINESS JOURNAL, PARADE MAGAZINE , TV's CHRONICLE and Channel 4, 7 and 56 News and PBS; 2008 Rising Star Award, Center For Women & Enterprise, Boston. Nancy will discuss harvesting roses in Turkey and she will demonstrate creating a rosebud wreath. Kits will be available for sale, as well as sachets, soaps and lotions from Nancy's store in Southborough, Mass.



M e n u

Upon Arrival:

**Fresh Fruit and Cheese served with crackers & bread
Orange Blossom Punch**

Luncheon:

Field greens with Mandarin Oranges, poppyseed dressing

Chicken Picata

Baked Scrod with Lemon Panko Crumbs

**Served with Rice Pilaf and Medley of Zucchini, Summer
Squash and Carrots
Rolls and Butter**

**Frozen Lemon Trifle with Fresh Blueberries
Coffee and Tea**



Price per person: \$24 (which includes tax and gratuity)

Checks: payable to Comm.Garden Club of Cohasset

Reservation Deadline: Monday, May 18, 2009

Send your reservation checks to either:

Jeanne Carroll
48 Gannett Road
Scituate, MA 02066
545-2243

Claire Tinory
180 Pond Street
Cohasset, MA 02025
383-1595

Call with your questions



JUNIOR GARDENERS — by Dolores Roy and Lorraine Legg

At their March meeting, the junior gardeners planted bean seeds in root view boxes designed by Jackie Fitts. The containers have a see-through opening which will allow the children to watch the bean develop roots and begin the growing process.

Judy Dickstein provided peanuts and planting medium for the children to try their hand at growing peanuts. The plants went home with the gardeners. Next month we'll ask them to report on the progress of both beans and peanuts.

In April Trisha Massa and Joan Carlo will present design and horticulture demonstrations to help the junior gardeners prepare for the flower show. Please let Dolores Roy (383-0838) know if you can help on Monday, April 13, 2-3 p.m. at the Deer Hill cafeteria.



Dolores Roy, Judy Dickstein and Mary Eisenhaure discuss the process of starting seedlings

From Little Seeds ...

GC members work with Junior Gardeners @ March 9 meeting



Judy, Mary and Mary McLaughlin with the Junior Gardeners



LANDSCAPE DESIGN: The Lightkeeper's Cottage

Spring is here! Time to clean the gardens. The Lightkeeper's Gardeners will be starting a cleanup on Wednesday, April 15th at 9:00 A.M. We will be meeting every other Wednesday until October. Our garden club uses the Lightkeeper's Residence for horticultural and design workshops as well as Board meetings, so this is our chance to return the favor. We garden until 11:00 and then go for lunch. There will be a sign-up sheet at this coming meeting. Hope you will join us. Barbara Dillon

The Community Garden Club of Cohasset Massachusetts

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Cohasset, MA 02025

A P R I L 2009

To:

Know Your Garden Birds by Sally Avery

Tree Swallow — Have you ever wondered why there are nesting boxes floating on Straits Pond during the spring and summer months? In an attempt to find alternatives to toxic chemicals for midge control, the Straits Pond Watershed Association decided to place nesting



boxes around the pond to attract Tree Swallows which are known to be voracious insect eaters that prefer to nest near bodies of water. House Sparrows, drawn to the same nesting boxes, dislike flying over water, so placing the boxes offshore discourages them from usurping the space from Tree Swallows. As they gracefully climb, and swoop and dive over water or fields sweeping insects and airborne spiders from the skies, Tree Swallows easily fly over 10,000 miles a year. Their midge control is effective until midsummer but ceases when the swallows leave their nesting grounds to head for the coast where they

fatten up on bayberries in preparation for migration. Tree Swallows also nest in large numbers at Marshfield's Daniel Webster Wildlife Sanctuary utilizing the Bluebird Trail nesting boxes. The handsome 5-6 inch male birds sport glossy greenish blue backs and sides of faces with pure white under parts. The females and juveniles are much duller tending to brown with grayish under parts. All birds have pointy wings, notched tails, and short bills. Within a tree cavity or nesting box, their cup nests of grasses and feathers hold 4-7 eggs that are incubated for about two weeks. The young fledge after 16-24 days at which point the families, like many of us, head for the beach. From late July until a cool September day when the winds are favorable, these birds can be admired in large numbers as they cavort along the coastlines refueling for their southward trek.

