



The Community Garden Club of Cohasset Massachusetts

December-Holiday 2008

www.communitygardenclubofcohasset.org

Diane Benson, Newsletter Editor

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Message from the President

After the glorious autumn, we are feeling a decided nip in the air. Claire Tinory and Jeanne Carroll have been busy posting flyers and entry forms for our "DOOR DECORATING CONTEST" in cooperation with the Hingham Garden Club. Don't forget to encourage your friends and neighbors to join in the fun. The last day to submit entries is Dec. 12 for the judging on Dec 15.

Thanks to those who have been submitting suggestions for our "50 Ways to Go Green" pamphlet. We still need more ideas, so please send them to Cynthia Chace (cchace@comcast.net).

The Paul Pratt Library has invited us to present a Holiday program on Wednesday, December 10 from 10 -11a.m. If anyone would like to join me in demonstrating Holiday arrangements, please let me know.

If you have odd china cups and saucers that you don't know what to do with, let us know and we will take them off your hands to use for the Club for special occasions. We have been using whatever the Churches have on hand for our meetings. Enjoy the sights and sounds of the season. Don't forget to check out the Rusty Skippers Holiday concert schedule to see some of our club members in the band.

Lee Jenkins
2008 Club President



Mission Statement

The object shall be to promote interest in gardens, their design and horticultural perfection; to promote interest in conservation of our natural resources; and to conduct formal programs for the advancement of these and related items.

Executive Board 2008

President	Leonora Jenkins
1st Vice President	Willoughby Hood
2nd Vice President	Mary Hickey
Recording Secretary	Dolores Roy
Corresponding Secy	Jane Corriveau
Treasurer	Maureen Adams
Directors:	Mary Eisenhaure
	Marcia Diekmann
	Fran O'Toole
	Annette Sechen

Club names New Treasurer

The Board would like to welcome **Maureen Adams** as the new club Treasurer after the unexpected resignation of Pat Camett. Thanks to Pat for serving the Club in this capacity.

As co-chair of Garden Therapy, Maureen has graciously accepted this added position. We especially appreciate the cooperation of members when unanticipated events occur. Special thanks to Judy Dickstein who jumped in during the interim and Vi Farrell who conducted the audit of our books. If any bills have been lost during the transition, we are sorry and they will be taken care of as soon as we receive the information.

Calendar of Events

Community Garden Club

www.communitygardenclubofcohasset.org

Garden Club Federation of Massachusetts

www.gcfm.org

November

- 18 **Design Workshop** — Nancy Gilmore demonstrates Line/mono botanic design @ **Lightkeepers** 9:30-11a
- 25 **Monthly Meeting** — "Welcome Yule" Come hear Betsy Williams share her knowledge of history, plant lore and seasonal celebrations. Learn to create a candle ring, Williamsburg fruit cone and classic topiary. Coffee @ 9am; Meeting 9:30am @ **Second Congregational Church, 43 Highland Avenue**

December

- 10 **Garden Therapy** "Christmas Greens" @ Golden Living Center 2-3pm
- 15 **Junior Gardeners** "Holiday Greenery" @ Deer Hill School Cafeteria 2:30-3:30 pm
- 15 **"Holiday Door Decorations"** together with the Hingham Garden Club

January

- 6 **Executive Board Meeting** @ **Lighkeepers Cottage** 9:30 am
- 12 **Junior Gardeners** "Fun with Recycling" @ Deer Hill Cafeteria 2:30-3:30
- 13 **Horticulture** "Frugal Gardener" tips for reusing Recycling ordinary items. 9:30-11:30am @ **Lightkeepers Cottage**
- 14 **Garden Therapy** "Winter White" @ Golden Living Center 2:00-3:00 pm
- 20 **Design Workshop** "Painting with Nancy Wholly" @ **Lightkeepers Cottage** 9:30-11:30 am
- 27 **Monthly Meeting** "Greenscapes: Creating Beautiful and Healthy Lawns with Debbie Cook, manager of Greenscapes Program @ **Lightkeepers Cottage**. Coffee @ 9, Meeting @ 9:30am

November

- 17 Greenleaf GC of Milford "Holiday Magic" floral decorating for the holidays. 7pm. Sandra Tosches 508-473-7511
- 26 Belmont GC "Festive Occasions" tour of 6 Belmont homes 11a-4p \$30. Contact Loretta Anastos 617-484-4889

December

- 3 Westborough GC "Deck the Halls w/Michael Skaff" @ Mill Pond School, Westborough 6:30p. Linda Maloy 508-366-3949
- 5-7 Aptuxcet GC "Twas the Night Before Christmas" @ Briggs McDermott House, Sandwich Rd. Bourne; FREE Contact Darlene Chickosky 508-743-9528
- 6 Bridgewater GC "Holiday House Tour" 10a-3p \$20 advance; \$25 day of tour. Ann Wood 508-697-7617
- 6 Lexington Field & GC: Holiday Open House & Greens Sale. Free. 12/6 10am-5pm; 12/7 noon-5pm. Contact: Mary Gillespie @ 781-8329166
- 6 Seaside Gardeners of Marshfield "Holiday Greens Sale" N.Community Church, Marshfield Hills 9am-2pm Contact: Sharon Botelho 781-837-5802

January

- 13-14 "Sharon G.C.: "Greens Boutique" Main Street, Sharon Contact: Kathy @ 781-781-7955
- 13 Crystal GC "Discovering the Beauty of the Emerald Necklace" Alan Banks, Senior Ctr, 49 Pleasant St. Reading 7pm \$5; Joyce 781-942-0895
- 20 Needham GC "Quilts in Bloom" with Robin Murphy Needham Library, 9:30 am Joan Kiley 781-449-1972
- 21 Designing Principles Espousal Center 10 am.

Design Workshop

January 20, 2009

Our first of the new year. How about painting on glass? We can experiment with two types of acrylic paint. It is great fun! More information to follow. 9:30 am to 11:30am at the Lightkeepers Cottage. Call: Nancy Wholley 781-925-4944 with questions. Bring your own glass.

Welcome New Members!

Kathie Gruber lives @ 8 Pratt Court Cohasset 781-383-1638
Adrienne DuBois, 116 Thistle Patch Way, Hingham 781-740-2139

Note Change of Address:

Mary Daniels, now at 8 Black Rock Road Cohasset 781-383-6161

The General Meetings are open to the public. Please invite friends who have expressed an interest in joining. To receive a membership application, visit the website, email mflaherty311@comcast.net or call Maureen @ 781-383-9234





Horticulture

“The Frugal Gardener” is the topic of the horticulture meeting on Tuesday, January 13th at The Lightkeeper’s Cottage from 9:30 to 11:30 AM. Can you make a silk purse out of a sow’s ear? We’ll discuss reusing, recycling and rethinking uses for ordinary household items to give them at least one more function before being relegated to the scrap heap. Bring your own tips on how you give new life to things destined for the trash and share your frugal ways.

Contact Judy Dickstein 781-383-7058 or Marie Sullivan 781-545-0655 for additional information.

Vivien Bobo

gives a demonstration of stretch design @ the October Flower Design Workshop



Conservation — The Living Earth

By Barbara Canney

Recently, I attended the Massachusetts Environmental Study School in Hull for two days. It was part of the National Gardeners Club educational programs. With at least 50 people in attendance, the majority were from local Garden Clubs. I hoped to gather material to share and help educate our Garden Club. There were 6 excellent speakers, including our very own Sally Avery speaking about Wildlife Habitat. Other speakers were an Environmental Analyst, an Arborist, a Landscape Historian, a South Shore Regional Coordinator for the Mass Bay National Estuary Program, and the Executive Director of the North and South Rivers Watershed Association. Talk about a talented and dedicated group!

The focus of the study school was on how our daily lives, either here in the U.S. or on the other side of the world, has been negatively affecting our environment. While at first daunting -- after listening about global warming, carbon footprints, pollution and greenhouse emissions -- the final message was that we can all do something to improve the situation. We were shown newer ways to plant efficiently, save water by using rain barrels, composting, avoiding invasive plants, creating rain gardens, and varying species of trees, shrubs and perennials that are native to our area. I will cover these topics more thoroughly in future newsletters and hope to encourage everyone to do what they can to help the environment and improve the world around us.

LANDSCAPE DESIGN: Historical Society

We had a very successful season at the Cohasset Historical Society garden this year. The addition of a stone retaining wall, financed by the Cohasset Rotary Club, gives stability to the right side banking, preventing erosion and adding beauty as well. I would like to thank Dolores Roy, Rachel Eisenhaure, Mary McLaughlin and Murray Campbell for all of their dedicated work this past season

Barbara Dillon, Chairman





Elderberry *Sambucus nigra*

Elderberry has been part of man's household for thousands of years. Evidence pointing to its use has been found in archeological sites going back to the Stone Age. Elderberry wood was thought to have made the cross upon which Christ was crucified and in some European countries, the wood, made into little crosses and hung in windows and doors was thought to ward off evil spirits. All parts of the plant have been used in medicinal preparations including the leaves: added to creams and sitz baths to relieve inflammation of arthritis, boils and eczema, and bark; used to treat edema and constipation. It is the flowers and berries, however, that are most frequently employed in both medicine and the kitchen. Elderberries contain flavonoids and antioxidants that enhance the

immune system. The plant has been shown to be one of the best herbs in prevention and treatment upper respiratory illnesses and there is some indication that it is effective against other viral conditions as well. Studies have demonstrated that treatment with elderberry extract has shortened the course of the flu by a number of days. In the kitchen, Elderberries make a nice wine, a lovely pie and a good jelly. One caution when using Elderberry: The bark, leaves, seeds and raw or unripe fruit contain cyanide and is potentially toxic. Cooked, however, ripe fruit is safe to consume. The berries yield a dye in shades of blue to lavender depending on the mordant. The leaves produce a soft yellow with alum and a deep yellow with chrome. Elderberry was probably the first dye for black hair. Boiled leaves put in a spray bottle make a good insecticide for repelling flies. Elderberry is a shrubby tree once native to Europe, but naturalized to North America. It can be found in moist rich soil, waste places and drainage ditches. It produces a small white flower in June followed by clusters of deep purplish berries. This may not be a plant to invite into a small formal garden as it has a tendency to produce multiple suckers and needs a good bit of maintenance to keep it in its place. **Submitted by Judy Dickstein**

News From Nagoya submitted by Takako Kohri

Our October general meeting was a visit to the workshop of *Nagoya Yuzen* dyeing at *Hattori Atelier* located in north western Nagoya. This studio is owned and operated by Mr. *Mitsuhiisa Hattori*, a Traditional Craftsman designated by the Ministry of International Trade and Industry in 1983 for his expertise specialized in *Nagoya Yuzen* process of dyeing. He is the third generation practicing this unique technique. He owns the patent of his method called "*JUKOHO*" to make patterns directly onto the fabric by using real objects to be shaded by spraying melted wax over them, resulting to leave un-waxed fabric for coloring. To make the pattern realistic, he uses natural sprigs with leaves and he usually collects these twigs for himself at mountains. Historically Nagoya has been the craftsmen's town of various traditional handicrafts beside the Hand Painted *Yuzen* Dyeing and Stencil *Yuzen* Dyeing, such as Cloisonne Ware, Tie-dye, Festival Dolls, Wooden Bucket, Paulownia Chests, Folding Fans, Paper Lanterns, Japanese Confectioneries, Crested Black Dyeing, Japanese Candles, etc. The world famous "Noritake" started from this area in 1904 christening the area as "Noritake Town" just like City of Corning, New York State after the name of "Corning Ware". Dyeing techniques were brought from China to Japan in the 7th century. It was the late 18th century that the special techniques of *Yuzen* was introduced to this area by craftsmen from Kyoto, when the culture of *Owari* clan (=present Aichi prefecture) was flourishing and cultural exchange with other cities was actively pursued. Since Nagoya had been the producing center of silk fabric, the techniques were easily soaked up. Compared with elaborate *Kyo Yuzen*, *Nagoya Yuzen* dyeing is characterized by its quiet tones, which is thought to reflect the steady and frugal character of the local people. The number of colors used is kept to six or seven colors compared with *Kyo Yuzen* which uses more colors. Sometime only one color is graded to produce patterns in conformity with the local taste for the sober. Reflecting the locality of this area, *Nagoya Yuzen* features a subdued taste characterized by reserved but profound tones on its products. It is said that the *Yuzen* technique of painting dye directly onto cloth was established by *Yuzensai Miyazaki*, a popular fan painter living in Kyoto toward the end of the 17th century. *Yuzen*'s modern designs as well as its vast range of dyeing, pasting, and other techniques such as embroidery and leafing have brought this industry to perfection. It is unique to use brushes in *Nagoya Yuzen*. Historically the dye used for making *Nagoya Yuzen* was obtained from the plant kingdom, notably roots, berries, leaves and wood, but these days only a few have been used for that purpose. Therefore synthetic ones are more popular. According to Mr. Hattori, there are two methods of manufacturing *Yuzen*. One is *Tegaki-Yuzen* (hand-dyeing) and the other is *Kata-Yuzen* (stencil printing.) By the former process, patterns are drawn on a white cloth with an extract of dayflowers, and colors are added. The cloth is steamed to fix the colors. The patterns are covered with starch paste and the ground is dyed. By the latter method, patterns are printed on a white cloth with *Ise Katagami* (special patterning paper), etc. The patterns are covered with starch paste, and the ground is dyed and steamed. The cloth is rinsed and finished. After his lecture, all of us practiced simple painting with brush to color directly on a pattern of flowers outlined with gold pigment drawn by him on the cotton cloth of high count. The color we used was already kneaded with adhesive agent, so that our own drawing was water-repellent and ready for use after drying. It is well known that these products are widely used for making *kimono*, but the work needs tremendous consumption of time and energy, therefore it usually takes at least three months to finish with a price tag of minimum eight thousand dollars.

BOOKS in BLOOM voting results: There were several ties in each category

Whimsical

1. Please Don't Eat the Daisies and Serendipity Sundaes (shown on right)
2. Friday Knitting Club
3. War & Peace



Best Interpretation of Title

1. Snow Flowers and The Secret Fan (right)
2. Spiral Jetta
3. The Raft - Please Don't Eat the Daisies - Friday Knitting Club
4. Family Christmas - 3 way tie: Gifts from the Sea — In the Haunted House — War & Peace



Imaginative Use of Plant Material

1. The Raft (below) — In the Haunted House (at right)
2. Snow Flowers and The Secret Fan — Serendipity Sundaes — War & Peace
3. Gifts from the Sea - Spiral Jetta - In the Haunted House



Good Use of Color

1. Black Magic
2. Family Christmas - Spiral Jetta — The Shell Seekers (below)
3. Friday Knitting Club
In the Haunted House — War & Peace

Creative

1. Serendipity Sundaes
2. In the Haunted House
War & Peace (below right)
3. Family Christmas - Friday Knitting Club — Purple Mountain Majesties - The Shell Seekers — Snow Flowers and The Secret Fan — Spiral Jetta



Elegant

1. Tale of Genji
2. Snow Flowers and the Secret Fan - Spiral Jetta -- War & peace
3. Black Magic - Hello Ocean (shown on left) Friday Knitting Club — The Shell Seekers



JUNIOR GARDENERS — Five junior gardeners submitted arrangements for the Books in Bloom show. The creativity displayed was outstanding! The following week enthusiastic junior gardeners, with the help of club members, cleaned up the Deer Hill courtyard gardens and planted bulbs. Club members who came and worked with the children, thank you! We could not have done it without you. Contact Dolores Roy 781-383-0838

Our upcoming programs are:

November 17 - the juniors will use dried materials to make arrangements for Thanksgiving.

December 15 - Jeanne Carroll and Claire Tinory will lead the children in making holiday arrangements. Jeanne and Claire are looking for clean tuna fish cans (or similar) in the 6 oz size to use as containers. If you can supply these, please contact Claire or Jeanne.

January 12 - Judy Dickstein will lead the children as they learn the fun of recycling plants.

Please consider volunteering to assist with the junior gardener program. We need help every month – 2:30 - 3:30 at the Deer Hill School cafeteria.

The Community Garden Club of Cohasset
Along with
The Garden Club of Hingham
Invites you to
Enter Your Decorated Doorway
For the Holidays



Let your imagination take over in designing your Holiday doorway.

Members of the Garden Club of Hingham will be judging the entered Cohasset doorways for different categories including but not limited to: Best Use of Natural Material, Creative, Elegant, Historic, Coastal, Whimsical, etc.

Entry Forms must be submitted by December 12 for judging on December 15. Winners will be announced before December 25

Please mail entry form to

Jeanne Carroll, 48 Gannett Road, Scituate, MA 02066.

Note: The doorway only will be judged, exclusive of yard or entire house.

Decorate a Doorway Entry Form

Name _____ Phone# _____

Location _____

I agree that entering this contest gives the Community Garden Club of Cohasset permission to use images of the door for promotional purposes.

_____ I prefer my address not be published

Signature _____ Date _____

The Community Garden Club of Cohasset Massachusetts

D. Benson

172 Forest Avenue

Cohasset, MA 02025

DECEMBER—HOLIDAY 2008

To:



Know Your Garden Birds by Sally Avery



The Great Horned Owl — Some of our garden birds are seldom seen, or heard, during the day. In fact, just the other night around 4 A.M. my husband gently nudged me awake to listen to the duet of a pair of Great Horned Owls. I could hear the “*hoo, hoo-oo . . . hoo hoo*” of the male and the lower-pitched answering call of the female also proclaiming “*Who’s awake, me too.*” Fortunately, I didn’t maintain that wakeful condition any longer than necessary to thrill at hearing these handsome large owls perhaps starting a courting ritual. Great Horned Owls court through the fall, then choose an old nest of a crow, eagle, or hawk in early winter, laying usually one to six eggs sometime in January. The young hatch in late February and the parents begin the enormous task of keeping their bellies full not only until they fledge in early May, but also through the summer as they learn to become independent and seek prey on their own. Rarely more than two young survive to fledge. These birds typically nest in woodland areas in New England, but can use rocky ledges or the ground in treeless areas. Their diet consists mainly of mammals no larger than a porcupine, but also includes frogs, birds, and reptiles. Because of

their habit of regurgitating pellets of indigestible materials such as fur, feathers, and bones near their feeding roosts, researchers have an easy time reconstructing their diets. This 18 to 24-inch long bird is recognized by its widely spaced ear tufts, white throat, and finely barred underparts. The next time you are enjoying a woodland walk and happen upon a murder of crows screaming continuously around a tall pine tree, there is a good bet that a Great Horned Owl is nestled in the branches trying to sleep off its busy night.

